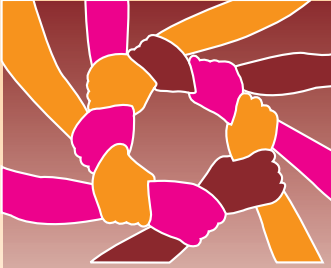


Enlighten. Engage. Empower.



Mayor Ronald V. Dellums'
MODEL CITY SUMMIT
ON WOMEN

Summit Workshops

Tuesday, February 17, 2009

Oakland Marriott

8:00 – 8:30 AM **Registration / Check-In / Continental Breakfast**

8:30 – 9:45 AM **PLENARY: Welcome / Greetings**
Opening Remarks by Summit Co-Chairs
Mayor Ronald V. Dellums & First Lady Cynthia Dellums

Keynote Address: Susan L. Taylor, Editor-in-Chief Emeritus,
Essence Magazine and Founder, National CARES
Mentoring Movement

Women of Greatness Awards Ceremony 2009

10:00 – 11:15 AM • **BREAKOUT WORKSHOPS A**

Enlighten

WORK LIFE BALANCE

- A-1 *Breaking through the Glass Ceiling:*** Hear compelling strategies of how leading women navigate in the workplace towards professional success.
- A-2 *Are you ready to retire if you want to?*** Start preparing for your retirement. In this session, you will learn how to make your assets and savings work for you; how to assess the various savings plans and plan administrators. Plan for your future by maximizing your employer offered savings plans as well as private retirement plans such as 401K and IRAs.

HEALTH

- A-3 *The Real Story – Fact or Fiction?:*** HIV and AIDS kill more heterosexual women than any other group. Black women are the fastest growing group of infected individuals. Learn the facts behind these statements and enlighten yourself on ways to prevent becoming a statistic.
- A-4 *Our Bodies, Our Temples:*** This session will keep you informed of the importance of proper nutrition and fitness through a discussion of the epidemic of female and childhood obesity. You will learn the importance of proactive health screening and much more to help you turn your body into a temple.

Engage

LEADERSHIP

- A-5 *Do They Even Know Your Name?:*** This session covers the dating scene and love relationships. Topics include resisting dating violence, the prevalence of teen violence in love relationships, and the impact of technology on dating.
- A-6 *Handle Your Stuff! Mentoring our Daughters into Womanhood:*** Straight talk about how leadership and mentoring help our young women develop vision, integrity, and character as well as how it influences their identity and relationships.
- A-7 *You ARE My Sister:*** This multicultural dialogue engages us on how to break-down cultural and class barriers that stand in the way of true sisterhood. In this session, we will examine ways to build connections with other women, in and out of our family.

BRIDGING GENERATIONS

- A-8 *Waiting to Exhale! How Do People Grow Closer?:*** Become empowered so that you can engage in a frank discussion on ways to strengthen interpersonal relationships.
- A-9 *Aging Out of Foster Care:*** Examine the many issues, challenges, and victories of those who support and serve the foster care system.

Workshop schedule continued on backside

A-10 Follow the Yellow Brick Road: Learn the key steps to financial literacy along with investment strategies and tips. Also included is information on accessing and maximizing your employment benefits, and the reasons for of homeownership in a foreclosure market.

**11:30 - 1:00 PM • CORPORATE LUNCHEON
PANEL DISCUSSION “WOMEN LEADERS
IN PHILANTHROPY” • Jewett Ballroom**

INTRODUCTORY REMARKS:

Kat Taylor, *OneCalifornia Bank/OneCalifornia Foundation*

MODERATOR:

Nicole Taylor, President & CEO, *East Bay Community Foundation*

Pamela David, *Walter & Elise Haas Fund*

Victoria Jones, *Clorox Company Foundation*

Judy Patrick, *Women's Foundation of California*

Dr. Sandra Hernandez, *San Francisco Foundation*

Yvette Radford, *Kaiser Permanente (invited)*

1:15– 2:00 PM • BREAKOUT WORKSHOPS B

Empower

CIVIC PARTICIPATION & INVOLVEMENT

B-1 “Si Se Puede / Yes, we can”...The Power of One: Building a Model-City can be a daunting task. This session will empower you and other citizens to take on the roles and responsibilities that come with political empowerment. It will explore collaborative action tools to mobilize your community. This session will examine the public policy process to help you identify ways to engage.

B-2 Not on My Watch: Public Safety: In this session, you will learn how to proactively confront violence and crime in your neighborhood.

B-3 Immigration Rights: It is not just ‘Their Problem’! Understand the cross-cultural issues that affect all communities and families. Understand your laws and your legal rights.

RECLAIMING OUR COMMUNITY

B-4 “And Still I Rise:” Breaking the Cycle of Poverty: Examine the effects of drug addiction, prostitution, and homelessness on women and children. Learn how to break the cycle of domestic abuse and how to access resources for you and your family.

B-5 When and Where Do I Enter: Understand the challenges of re-entry after incarceration, how to develop positive survival skills, resisting temptations and identifying resources in this session.

B-6 Women of Faith: Where Do We Fit in the Call to Action? Coming together in a collaborative inter-faith and cross-cultural movement is the goal of this session.

FINANCIAL LITERACY & ECONOMIC DEVELOPMENT

B-7 WHO CAN YOU CALL? Developing an Economic Base for Financial Success from time management advice to finding capital and managing debt

B-8 Green Jobs: A look at the green sector economy including: entrepreneurialism, training opportunities, jobs and networking in the Bay Area. Each panelist brings a perspective on the many ways you can enhance your economic well-being while protecting the environment for future generations.

EDUCATION REFORM

B-9 The Name of the Game is Education: Find out how and where to access resources that will help you become a teacher, become a mentor or pursue your higher education goals.

B-10 School, Community, and Parent Partnerships: Included in this session are various models for ensuring the educational success of your child. Also, included is an interdisciplinary discussion that links education to stable family life and better neighborhoods.

2:45 - 5:00 PM • CLOSING / NETWORKING RECEPTION • AUTHOR'S CORNER

Workshops are subject to change